



# COLORADO RIVER INDIAN TRIBES

## Human Resources

26600 MOHAVE RD.

PARKER, ARIZONA 85344

PH (928) 669-1320 • FAX (928) 669-5263

## VACANCY ANNOUNCEMENT

FEBRUARY 15, 2013

#24-13

DEPARTMENT: DHSS- SPECIAL DIABETES PROGRAM

POSITION: FITNESS/EXERCISE SPECIALIST

SUPERVISED BY: SDP MANAGER

SALARY: \$12.02 - \$15.00 PER HOUR (D.O.E)

CLOSING DATE: OPEN UNTIL FILLED

**INTRODUCTION:** The position is the Fitness/Exercise Specialist for the CRIT Special Diabetes Project (SDP) under the supervision of the Special Diabetes Project Manager. The incumbent will provide fitness and exercise services and assistance for the participants of the SDP exercise program.

**DUTIES & RESPONSIBILITIES:** *(The following are illustrations of the typical duties and responsibilities of the incumbent and are not to be construed as all inclusive.)*

Assist in the management of day-to-day operations of the fitness and exercise programs operated by the Special Diabetes Project. Ensure the safety of the participant as the first priority. Keeps all fitness equipment and accessories in excellent working condition and oversees preventative maintenance program.

Facilitate community, group and individual exercise classes and activities. Motivate and encourage participants, creating fun and enjoyable exercise programs for participants of all ages. Works with staff and facility to ensure cleanliness standards and conducts walkthrough in fitness department. Performs fitness assessments, body composition analysis and records the progress of each participant.

Provide orientation to participants regarding the proper usage of the exercise equipment. Handle and resolve all participant issues or concerns relating to the SDP fitness center's programs and operations. Assist in creating incentives for participants to enjoy their exercise program. Prepare monthly activity reports for submission to Project Manager.

Participate and help plan community workshops and award banquet presentations. Perform other responsibilities or projects related to health and wellness as assigned by the Project Manager.



Perform other duties as directed within the scope of project activities and/or duties and responsibilities.

**EDUCATION, EXPERIENCE, AND KNOWLEDGE REQUIREMENTS:**

- Associates of Arts degree in physical education OR a minimum of three (3) years work experience in a related field
- High School Diploma
- Knowledgeable in the Prevention, Primary, Secondary, and Tertiary health issues related with Diabetes Mellitus
- Current Fitness Instructor Certification or be able to obtain certification within six (6) months of employment (SDP will assist with certifications)
- Certified in CPR/First Aide (SDP will assist with certifications).
- Three (3) to five (5) years personal health and wellness experience. Physically able to perform duties assigned. Comply with Tribal and Federal laws that require strict confidentiality of all records, charts, and files.
- Must be organized, self-motivated, able to work with minimal supervision, available to work a varied schedule, some weekends.
- Must possess a current valid Arizona State Driver's License.

**APPLY:**

**C.R.I.T. HUMAN RESOURCES DEPARTMENT  
26600 MOHAVE ROAD  
PARKER, AZ 85344**

**FOR EMPLOYMENT APPLICATION VISIT: [HTTP://crit-nsn.gov](http://crit-nsn.gov)**

**INDIAN PREFERENCE:**

The Colorado River Indian Tribes does not discriminate against employees or applicants based upon race, color, sex or national origin. However, to the extent permissible under Sections 701(b) and 703(1) of the Title VII of the Civil Rights Act, the Tribe does apply a hiring preference to enrolled members of federally recognized Indian tribes.

**CRIT OFFERS:**

Health and life insurance, pension plan, paid holidays, sick and annual leave  
Pre-employment drug screening is required.